

2025 CLEAR LAKE HIGH SCHOOL GIRLS

Speed Weight and Agility Training

DATES: June 3rd, 4th, 5th June 24th, 25th, 26th
June 10th, 11th, 12th July 15th, 16th, 17th
June 17th, 18th, 19th July 22th, 23th, 24th

No SWAT the week of June 30th and July 7th

SCHEDULE: 9th -12th Grade 7:30 -9:00 am
7th & 8th Grade 9am to 10am

PARTICIPANTS: *Incoming 7th – 12th grade Girls - All Sports

LOCATION: Clear Lake HS Football Field

COST: *One payment of \$75(Due now)
*Physical on file dated after April 1st
*Athletic attire is required

Please Bring a Large Water container FULL of water for you to use the entire workout.

Questions – Contact

Lisa Killingsworth * Camp Director
281-284-1960 * lkillingsworth@ccisd.net

Register and Payment through RankOne. Use QR code for registration form.



***Clear Creek ISD does not carry insurance for summer fitness/recreation programs. Parents/Guardians will be